

# NutritionINDIAinfo

## Indicators List

(\*This is a tentative list and will be updated as per the requirements

\*Data is not updated for all the indicators as of now but will be updated in coming few days)

## Prepared by



### Source:

- Menon, Purnima; Avula, Rasmi; Sarswat, Esha; Mani, Sneha; Jangid, Manita; Singh, Anamika; Kaur, Supreet; Dubey, Alok Kumar; Gupta, Shuchita; Nair, Divya; Agarwal, Pulkit; and Agrawal, Nitya. 2020. Tracking India's progress on addressing malnutrition: What will it take? POSHAN Policy Note 34. New Delhi, India: International Food Policy Research Institute (IFPRI). <https://doi.org/10.2499/p15738coll2.133750>
- UNICEF Conceptual Framework on the Determinants of Maternal and Child Nutrition, 2020 (<https://www.unicef.org/media/91741/file/UNICEF-Nutrition-Strategy-2020-2030-Brief.pdf>)

# Adolescence

Manifestation	Interventions	Determinants
<p>Stunting (15-19 years),            Low BMI (15-19 year girls),            Overweight (15-19 years),            Waist Circumference (15-19 years),            Anaemia (15-19 year girls), Iron Deficiency (15-19 year girls), Vitamin A (15-19 years),            Vitamin D (15-19 years), Vitamin B12 (15-19 years), Folate (15-19 years), Zinc (15-19 years),            High Blood Sugar (15-19 years), High HbA1c (15-19 years), Cholesterol (15-19 years),            Triglycerides (15-19 years),            Blood Pressure (15-19 years),            Stunting (10-14 years),            Low BMI (10-14 year girls),            Overweight (10-14 years),            Waist Circumference (10-14 years)            Anaemia (10-14 year girls),            Iron Deficiency (10-14 year girls),            Vitamin A (10-14 years), Vitamin D (10-14 years),            Vitamin B12 (10-14 years), Folate (10-14 years),            Zinc (10-14 years),            High Blood Sugar (10-14 years),            High HbA1c (10-14 years),            Cholesterol (10-14 years),            Triglycerides (10-14 years),            Blood Pressure (10-14 years)</p>	<p>IFA Rx (15-19 year girls),            Deworming (15-19 year girls),            IFA Rx (10-14 year girls),            Deworming (10-14 year girls)</p>	<p>Diet Diversity (15-19 Years),            Education (15-19 years),            Diet Diversity (10-14 Years),            Education (10-14 years),            Improved Toilet, Improved Water,            Child Faeces Disposal, Hand Washing, Open Defecation, Health Insurance, BPL Card,            PDS Access, Iodized Salt, Electricity, Population,            Women's Literacy</p>

## Women of Reproductive Age

<b>Manifestation</b>	<b>Interventions</b>	<b>Determinants</b>
Low Height, Low Arm Circ, Overweight, Obesity, Low BMI, Waist circumference, Hip Circumference, Anaemia, Iron Deficiency, Iron Deficiency (Non Preg), Vitamin D, High Blood Sugar, High HbA1c, Cholesterol, Triglycerides, Blood Pressure	Hypertension Rx, IFA Rx, Contraception, Family Planning	Women's Phone, Women's Bank Account, Women's Empowerment, Domestic Violence Women's Education, Early Marriage Early Childbearing, Improved Toilet Improved Water, Child Faeces Disposal Hand Washing, Open Defecation Health Insurance, BPL Card, PDS Access, Iodized Salt, Electricity, Population, Women's Literacy

## Pregnancy

Manifestation	Interventions	Determinants
Waist Circumference, Overweight, Obesity, Low BMI, Anaemia, Iron Deficiency, High Blood Sugar, High HbA1c, Blood Pressure	MCP Card, ANC (1+), ANC (1st trimester), ANC (4+), ANC (weighed), ANC Counselling, BF Counselling, Neonatal TT, IFA Rx, Deworming, Malaria prevention, Vitamin D Rx Supp Food, Preg Register, IFA Consumption	Dietary Diversity, Improved Toilet, Improved Water, Child Faeces Disposal, Hand Washing, Open Defecation, Health Insurance, BPL Card, PDS Access, Iodized Salt, Electricity, Population, Women's Literacy

## Delivery/PNC

Manifestation	Interventions	Determinants
	Inst. Delivery, Financial Asst., Skill Birth Attendant, Birth Registry, IFA Rx, Calcium Rx, Supp Food, Cord Care, Clean Blade Use, Kangaroo Care, BF Counselling, PNC (Women), PNC (Babies), Early Initiation BF	Consumed Supp Foods, Improved Toilet, Improved Water, Child Faeces Disposal, Hand Washing, Open Defecation, Health Insurance, BPL Card, PDS Access, Iodized Salt, Electricity, Population, Women's Literacy

## Early Childhood

Manifestation	Interventions	Determinants
Stunting, Wasting, Severe Wasting, MUAC <125 mm, MUAC <115 mm, Underweight, Severe Underweight, Overweight, Low Birth Weight, Low BMI, Anaemia, Iron Deficiency, Folate, Vitamin A, Vitamin D, Vitamin B12, Zinc, NMR, IMR, U5-MR	Full immunization, Vitamin A Rx, IFA Rx, Deworming, ARI/pneumonia Rx, ORS Rx for Diarrhoea, Zinc Rx for Diarrhoea, Supp Food, Growth Monitoring, Diet Counselling, Nutrition Counselling	Exclusive Breastfeeding, Intro Comp Foods, Min Dietary Diversity, Min Meal Frequency, Min Acceptable Diet, Diarrhoea, ARI/Pneumonia, Med Duration EBF, Continued BF, Consumed IFA, Improved Toilet, Improved Water, Child Faeces Disposal, Hand Washing, Open Defecation, Health Insurance, BPL Card, PDS Access, Iodized Salt, Electricity, Population, Women's Literacy

## School Age

<b>Manifestation</b>	<b>Interventions</b>	<b>Determinants</b>
Stunting, Underweight, Overweight, Waist Circumference, Low BMI, Anaemia, Iron Deficiency, Vitamin A, Vitamin D, Folate, Vitamin B12, Zinc, Cholesterol, Triglycerides, High Blood Sugar, High HbA1c	IFA Rx, Deworming	Dietary Diversity, Improved Toilet, Improved Water, Child Faeces Disposal, Hand Washing, Open Defecation, Health Insurance, BPL Card, PDS Access, Iodized Salt, Electricity, Population, Women's Literacy